



# EYC Sailing Committee Speaker Series

## Strategy & Tactics Presented by Speed & Smarts

Saturday, April 28, 2018 / 8:30am - 4:00pm

### EYC Sailing Center

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The EYC Sailing Committee has partnered with David Dellenbaugh, publisher, editor and author of the newsletter Speed & Smarts. David has taught hundreds of seminars around the country about strategy, tactics, racing rules and boatspeed based on material that has appeared in his newsletter. We hope you can join us for this event.

**Schedule** We are scheduled to run two half-day courses as follows:

8:30-9:00	Arrival, registration
9:00-12:00	Seminar 1: Starting Strategy and Tactics
12:00-1:00	Lunch break (lunch provided by Eastern Yacht Club)
1:00-4:00	Seminar 2: Upwind Strategy and Tactics

#### **Morning Session 1: Starting**

This seminar examines the strategy and tactics of Starting. Topics include starting philosophy, pre-start planning, picking a place to start, the importance of line bias, using a line sight, current, defending your hole, making a final approach, coming off the line, troubleshooting, evaluating risk, key racing rules and more!

#### **Afternoon Session 2: Upwind**

This seminar explains the strategy and tactics of racing Upwind. Topics include how to pick the favored side, windshift strategy, risk and reward, first beat vs. second beat, laylines, current, strategic rules of thumb, covering, wind shadows, tactical positioning, light vs. heavy air, fleet management, key racing rules, and more!

#### **All seminar participants get**

- A course workbook you can use to track the discussion and take notes.
- A 16-page issue of Speed & Smarts that covers the seminar topic. We will email this to you after the seminar.
- A special seminar discount on all educational materials from Speed & Smarts, including subscriptions, back issues and our new online training course called 'Learn The Racing Rules 2020.'

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**This event is open to the public. Sign up is available on the EYC website [HERE](#).**  
**Prices are: \$60 in advance/\$65 at the door, \$50/\$55 for members, \$25 for school-age sailors.**  
**Chili lunch included**