



Eastern Yacht Club

LASER FROSTBITE SAILING INSTRUCTIONS

Revised 10/13/09

1.0 RACING RULES

Races will be governed by the rules as defined in the “*The Racing Rules of Sailing*”, including the Laser Class rules.

2.0 SPECIAL REQUIREMENTS

2.1 ALL competitors must WEAR lifevests AND wet or dry suits, unless otherwise advised by the RC. NO EXCEPTIONS.

2.2 To be scored, a competitor must have: (1) *Completed* and signed a registration form, (2) *PAID* the entry fee, (3) *Signed-up* for RC (if over 16), and (4) Display *legible* sail numbers. There is a one-week grace period for this rule.

2.3 A competitor who does not show up and serve on RC on his scheduled day, without arranging for replacement by another registered competitor, will be scored DSQ for each race sailed that day, and assigned a new RC date.

2.4 All hails will use the last 3 digits of the sail number.

3.0 RACE PROCEDURES

3.1 The first warning signal will be at 1300, 1:00pm, or if a postponement has been made ashore, not less than 30 minutes after harbor start. Three boats must be in the area to start a race. No race will start after 1530 EDT.

3.2 The time limit for a race is 40 minutes, or 10 minutes after the first finisher, whichever is later.

3.3 All race signals such as shorten or change course, postponement, abandonment, etc. will be made by hails and/or sound signals from a Race Committee.

3.4 The Radial boats will start with the Standard boats.

4.0 COURSES AND MARKS

4.1 Marks will be small inflatables or government marks. One end of the start and finish lines will be a staff with the RC displaying an orange flag.

4.2 Courses will be posted on placards on the signal boat. The *Course Diagrams* on page two show the courses, including the order in which marks are to be passed. *IF NO COURSE IS POSTED*, the Race Committee will announce the course by hail.

4.3 Leeward gates will often be used, but are not shown in the *Course Diagrams*.

4.4 Competitors will *finish* by leaving the Race Committee boat to port, unless otherwise announced. All course marks are to be left to port except when announced by the RC or as indicated by the *Course Diagram*.

5.0 STARTING PROCEDURES

5.1 Appendix Q – Sound Signal Starting System will be used.

5.2 The RC may invoke the 1-minute I-flag (rule 30.1, around-the-ends), Z-flag (rule 30.2), or Black Flag (rule 30.3, DSQ) rules by flag or hail.

5.3 No boat may start more than 3 minutes after the starting signal.

6.0 SCORING

6.1 For daily scoring, the Low Point System of Appendix A will be used, with 1 throwout for each 5 races sailed. Rules A2 and A4.2 are modified by changing the word *series* to *day*.

6.2 Boats not finishing within the time limit will be scored as the lesser of 3 places worse than the last finisher or one place worse than the number of starters in the race.

6.3 The Low-Point Averaged Scoring System (on our website) will be used for the Fall Series, the Spring Series, and the Combined Season Series. To qualify, a competitor must participate (race or receive participation credit) in at 50% of the races sailed in the Series.

6.4 One throwout will be earned for every 3 races started over 45% of the total races run, excluding races sailed while serving on scheduled Race Committee.

6.5 Competitors serving their scheduled RC duty will receive one throwout toward Series scoring.

6.6 A competitor may petition the Fleet Captain for participation credit for races missed while competing in a Laser regatta of national significance. Successful petitions will be posted on the EYC Laser notice board at least 1 week prior to the away regatta. No more than one day of such credit will be permitted for a competitor per Fall or Spring Series.

7.0 PROTESTS, This is to be handled on the water.

7.1 Competitors are expected to enforce the racing rules themselves, using hails and, when necessary, by filing protests. Frostbiting is not bumper boats.

7.2 Rules 44.1 and 44.2 are modified to require a one turn penalty including one tack and one gybe.

7.3 Protest must be announced to the RC at the end of the race.

7.4 The RC may file protests when it observes rule violations, if no boat accepts a penalty or protests.

7.5 Competitors involved in protests must report to the RC within 20 minutes after the signal boat docks. Failure to report by the protestor will result in the protest being disallowed. Failure to report by the protestee will result in the protest being heard without him.

7.6 Written protests are not required, unless requested by the protestee.

7.7 The Protest Committee will be appointed by the RC.



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COURSE DIAGRAMS

